

Evening Prayers



(First say the *Trisagion Prayers*)

Psalm 141:1-2

Listen to me when I call to you. Receive my prayer as incense, my lifted hands as an evening sacrifice.

Prayers of Thanksgiving

Now that the day has ended, I thank you Lord, and I ask that the evening and the night be sinless. Grant this to me, O Savior, and save me.

Prayers for Forgiveness

Lord, God our Father, if during this day I have sinned in word, deed or thought forgive me in Your goodness and love. Grant me peaceful sleep; protect me from all evil and awake me in the morning that I may glorify you, Your Son and Your Holy Spirit now and forever and ever. Amen.

Through the prayers of our holy Fathers and Mothers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

Prayers for Enlightenment

Christ our God, who is worshipped and glorified at all times and in every hour in heaven and on earth; who is most patient, loving and kind; who loves the just and shows mercy to sinners; who calls all to salvation through the promise of the blessings to come; Lord, at this time receive our prayer and direct our lives according to Your will. Bless our souls and bodies. Correct our thoughts and purify our minds. Protect us from all evil and distress. Surround us with Your holy angels, that guided and guarded by them, we may attain the unity of the faith and the knowledge of Your unapproachable glory, for you are blessed forever and ever. Amen.

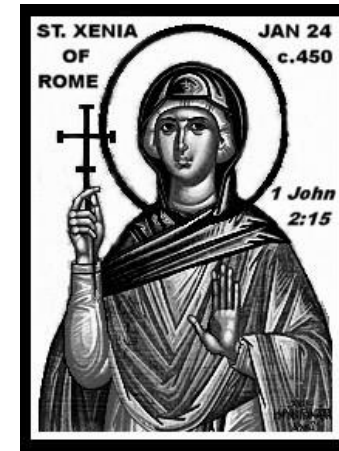
(Here you may add your own private prayers and intercessions, using your own words)

(As you lie down to sleep say)

Lord, into Your hands I commend my soul and body. Bless me, be merciful to me and grant me life eternal. Amen.



St. XENIA OF ROME Independent Catholic Orthodox Mission



*"Then He told them a parable
about the need to pray continually
and never lose heart"*

Luke 18:1

Morning & Evening Prayers



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Morning Prayers



Trisagion Prayers

In the name of the Father and the Son and the Holy Spirit, Amen.

Glory to You, Christ our God, our hope, Glory to You.

Heavenly King, Comforter, the Spirit of Truth, present in all places and filling all things, Treasury of Goodness and Giver of life: come and dwell in us, cleanse us from every stain of sin and save our souls, O Gracious Lord.

Holy God, Holy Mighty, Holy Immortal Have mercy on us. **(3x)**

+ Glory to the Father, and the Son and the Holy Spirit, both now and forever and to the ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy. **(3x)**

+ Glory to the Father, and the Son and the Holy Spirit, both now and forever and to the ages of ages. Amen!

Our Father, Who is in Heaven, holy be Your name. Your Kingdom come, Your will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and do not bring us to trial, but deliver us from the evil one.

Continue →

Optional ending follows:

[*For Yours is the Kingdom and the Power and the + Glory of the Father and the Son and the Holy Spirit, both now and forever and to the ages of ages.]*

Amen.

Prayers to the Holy Trinity

Having risen from sleep, we worship You, blessed God, and sing to You, mighty Lord, the angelic hymn: Holy, holy, holy are You, O God; through the prayers of the Theotokos¹, have mercy on us.



+ Glory to the Father, and the Son and the Holy Spirit.

Lord, give me the strength to greet the coming day in peace. Help me in all things to rely on Your holy will. Reveal Your will to me every hour of the day. Bless my dealings with all people. Teach me to treat all people who come to me throughout the day with peace of soul and with firm conviction that Your will governs all. In all my deeds and words guide my thoughts and feelings. In unexpected events, let me not forget that all are sent by you. Teach me to act firmly and wisely, without embittering and embarrassing others. Give me the physical strength to bear the labors of this day. Direct my will, teach me to pray, pray in me. Amen.

(Here you may add your own private prayers and intercessions, using your own words.)

Through the prayers of our holy Fathers and Mothers, Lord Jesus Christ our God, have mercy on us and save us. Amen!



¹ The title **Theotokos** (in Greek, Θεοτοκος) is a Greek word that means "God-bearer" or "Birth-giver to God." This is a statement of faith in the divinity of Jesus and the incarnation.

